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FATHERLESS DAUGHTERS, AWIDESPREAD EPIDEMIC

SEPTEMBER 30, 2014, WASHINGTON, DC—Being a fatherless daughter has become a widespread epidemic, and author Kristin L. Mitchell is determined to produce a cure with her memoir, *He Wasn't My Daddy: My Road to Restoration* (September 30, 2014, ISBN: 978-0-692-25762-3, K. Restoration LLC).

Speaking from a very personal place; a hurtful place that, from time to time, she finds herself revisiting, Kristin L. Mitchell shares her story based on her perspective—her upbringing and how her mother raised her single-handedly, and life without her father. She shares how the absence of her father detrimentally affected her, causing her to cling to situations and people, looking for that unique love in all the wrong places and people.

He Wasn't My Daddy is testimony to Mitchell's love, her loss, her abandonment, and her restoration! "Truly, a journey that so many women travel, I have written it in a way that I hope will incite dialogue and bond fatherless daughters across generations, as many of us share the same or similar experiences," said Mitchell about her debut effort. When asked if she harbored any hesitancy about releasing her story to the world, she said, "Admittedly, writing this book, and sharing my story with the world was scary at first, but had become therapeutic."

Kristin L. Mitchell's story will travel you down the road to her restoration, in hopes of promoting healing for other fatherless daughters. It will also allow you to explore the effect absent fathers have on their daughters. The effect her absent father had on her.

"*He Wasn't My Daddy* is honest, holds nothing back, and allows others to witness that it is okay to expose all in an effort to heal open wounds," said Mitchell. "This is my story. This is my road to restoration!"

Kristin L. Mitchell is a native of Washington, DC, a graduate of Spelman College, with a Bachelor of Arts degree, a graduate of George Mason University, with a Master of Education, and a proud member of Alpha Kappa Alpha Sorority, Inc. For more information, visit her online at www.kristinlmitchell.com.

Kristin L. Mitchell will start her book tour on October 4, 2014 at 95.5 WPGC's For Sisters Only event at the Washington, DC Convention center. She is available for speaking engagements, book signings, book club meetings, and book fairs/events. To schedule her, please contact Nakia McGuire on 202.489.3282 or via email: n2m.mgmt@gmail.com.